



Strawberry & Spinach Salad

Preparation: 10 min, Yield: 2

Fox 5 - Valentine's Day

Crisp and sweet, a beautiful and tasty salad for all occasions!

2 cups fresh spinach, cleaned

3/4 cup fresh strawberries, sliced

1/2 cup fresh pear, sliced

1/4 cup toasted walnuts, chopped

1 ounce blue cheese, crumbled

2 tablespoons balsamic vinegar

2 tablespoons olive oil

2 teaspoons Worcestershire sauce

salt / pepper to taste

In a bowl combine the spinach, strawberries, pears, walnuts, toss and season to taste.

In a separate bowl and vinegar and Worcestershire, slowly whisk in the oil and season to taste.

Pour dressing over the spinach mix and toss.

Plate and garnish with blue cheese.

