



Caramel Apples

Preparation: 10 min, Cook Time: 2 min Yield: 6

Fox 5 October

Try this goodness on a stick!

6 Granny Smith apples

6 Chop sticks or popsicle sticks

1 package 14 ounce individually wrapped caramels, unwrapped

2 tablespoons milk

Remove the stem and press a stick into the top.

Place the caramels and milk into a microwave safe bowl and microwave for 2 minutes, stirring once. Allow to briefly cool.

Roll each apple quickly in the caramel sauce until well coated.

Place on a prepared, oiled sheet to set

You can roll them in chopped nuts, pecans, pumpkin seeds or layer with sprinkles.

Note: Some apples have a wax coating that will prevent the caramel from sticking. Dip the apple for 4 seconds into 6 cups of boiling water mixed with 1/4 teaspoon of white vinegar. Dry thoroughly before using.

